

**NAVARASAM ARTS AND SCIENCE COLLEGE FOR WOMEN
ARACHALUR, ERODE-638 101.**

**NSS SPECIAL CAMP 2025-2026
(DATE:03.02.2026 to 09.02.2026)
(Kongu Mahal,Karumandampalayam)**

**“YOUTH FOR MY BHARAT AND YOUTH FOR DIGITAL
LITERACY”**

The Navarasam Arts and Science College for Women conducted a NSS special camp from February 03, 2026 to February 09, 2026. The camp covered five locations

1. Karumandampalayam
2. Solangapalayam
3. Ganapathipalayam
4. Vattakkalvalasu and
5. Kilambadi Town Panchayat

During the seven-day camp, NSS volunteers and Faculty members engaged in various community outreach activities, focusing on health, education, environmental conservation, and skill development.

NAME OF THE PROGRAMME OFFICERS

1. Mr.G.BALAKRISHNAN

Assistant Professor of Computer Science
Navarasam Arts and Science College for Women,
Arachalur.

2. Dr.P.RENUKADEVI

Assistant Professor of Commerce
Navarasam Arts and Science College for Women,
Arachalur.

3. Mrs.S.PRIYA

Assistant Professor of English
Navarasam Arts and Science College for Women,
Arachalur.

4. Mrs.P.SEETHA

Assistant Professor of Commerce
Navarasam Arts and Science College for Women,
Arachalur.

MAIN OBJECTIVES OF THE CAMP

1. To promote community service, social responsibility, and Nation-Building.
2. Community engagement and outreach
3. Social and economic empowerment
4. Health and Wellness Awareness
5. Environmental Conservation
6. Youth Development and leadership

NAME OF THE ACTIVITY:

NSS Inauguration Programme

DATE:

03.02.2026

DAY:

Tuesday

TITLE:

NSS – Inaugural

VENUE:

Kongu Mahal, Karumandampalayam

RESOURCE PERSONS:

- Dr. C.K. Saraswathi, MLA, Modakkurichi Constituency, Erode
- Mr. K.K. Vimal Karuppannan, President, Erode Siragukal, Erode
- Mrs. D. Suguna Florance, Headmistress, Ganapathipalayam
- Mrs. S. Dhatchayani, Headmistress, Unjalur
- Mr. K. Senthil Kumar, President, Navarasam College
- Mr. P. Senthilkumar, Secretary, Navarasam College

REPORT OF THE PROGRAMME:

The NSS Inauguration Programme of Navarasam Arts and Science College for Women was successfully conducted on 3rd February 2026 (Tuesday) at Kongu Mahal, Karumandampalayam. The programme witnessed the enthusiastic participation of around 200 NSS volunteers, along with faculty members and distinguished guests.

The event commenced with a warm welcome address, setting the tone for the inauguration. The chief guest, Dr. C.K. Saraswathi, MLA of Modakkurichi Constituency, delivered an

inspiring speech emphasizing the importance of social responsibility, leadership, and active participation of youth in nation-building activities through NSS. She encouraged students to engage in community service with dedication and compassion.

Mr. K.K. Vimal Karuppannan, President of Erode Siragukal, highlighted the significance of voluntary service and shared real-life experiences on how NSS activities can transform both society and individuals. His speech motivated the volunteers to actively involve themselves in social initiatives.

Mrs. D. Suguna Florance and Mrs. S. Dhatchayani addressed the gathering and stressed the importance of discipline, teamwork, and service-mindedness among students. They also appreciated the role of NSS in shaping responsible citizens.

Mr. K. Senthil Kumar, President, Navarasam College, and Mr. P. Senthilkumar, Secretary, Navarasam College, addressed the volunteers and provided guidance on the college's vision for student participation in NSS and community service. They emphasized the values of leadership, dedication, and sustained commitment to social welfare.

Various aspects of NSS activities, including community development, environmental awareness, health initiatives, and social service, were explained to the volunteers. The programme also focused on instilling values such as unity, selflessness, and leadership among students.

The event concluded with a vote of thanks, expressing gratitude to the dignitaries, organizers, and participants for making the programme a grand success. Overall, the NSS Inaugural Programme was highly informative, motivational, and impactful, leaving the volunteers inspired to contribute positively to society.







DAY: 2**NAME OF THE ACTIVITY:**

Temple Cleaning Activity

DATE:

04.02.2026

DAY:

Wednesday

TITLE:

NSS Special Camp – Temple Cleaning Drive

VENUE:

1. Pathirakaaliamman Kovil, Karumandampalayam
2. Eswaran Kovil, Nathamedu Vattakkalvalasu
3. Bhagavathi Amman Kovil, Saanarpalayam
4. Mariamman Kovil, Vattakkalvalasu

RESOURCE PERSON:

NSS Programme Officers and Local Temple Authorities

REPORT OF THE PROGRAMME:

On the second day of the NSS Special Camp, a Temple Cleaning Activity was organized on 4th February 2026 (Wednesday) by the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in this meaningful community service initiative.

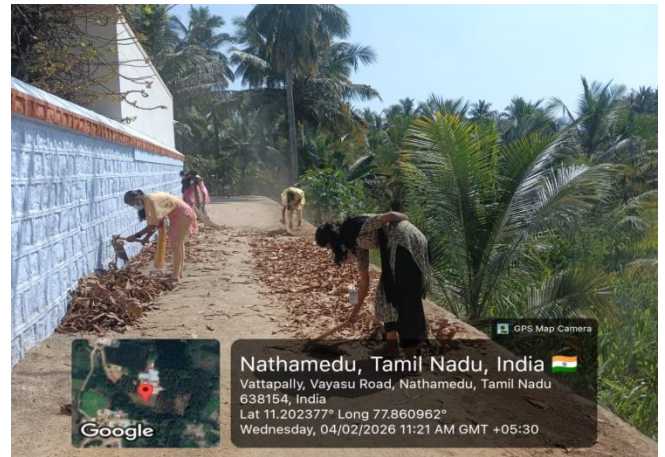
The activity was carried out at four different temples: Pathirakaaliamman Kovil in Karumandampalayam, Eswaran Kovil at Nathamedu Vattakkalvalasu, Bhagavathi Amman Kovil in Saanarpalayam, and Mariamman Kovil at Vattakkalvalasu. The volunteers were divided into groups and assigned to each location to ensure effective cleaning and maintenance work.

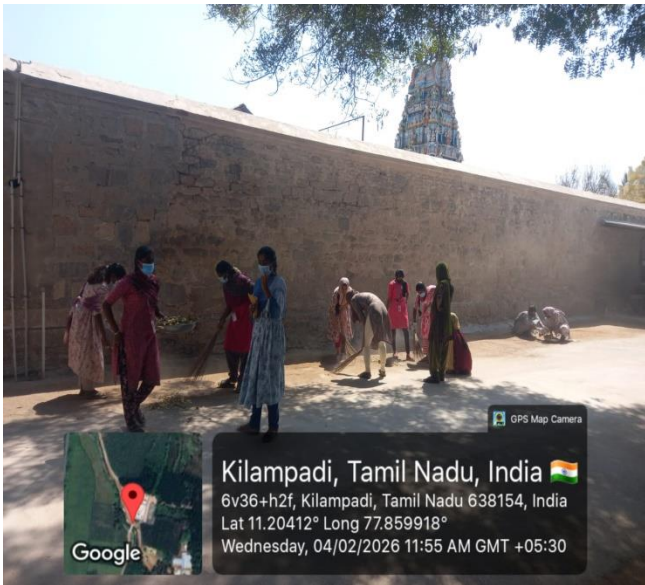
The volunteers cleaned the temple premises, including sweeping the surroundings, removing waste materials, clearing bushes, and ensuring a hygienic environment for devotees. Special attention was given to maintaining cleanliness in and around the temple areas, promoting awareness about sanitation and public responsibility.

This activity helped the students understand the importance of preserving cultural and religious places while maintaining environmental cleanliness. It also encouraged teamwork, discipline, and a sense of social responsibility among the volunteers.

The local community members appreciated the efforts of the NSS volunteers and extended their support throughout the activity. The programme concluded successfully with a sense of satisfaction among the participants for contributing to society in a meaningful way.

Overall, the Temple Cleaning Activity was highly productive and created awareness about cleanliness, community service, and the preservation of public places.





NAME OF THE ACTIVITY:

Mental Skills Training Workshop

DATE:

04.02.2026

DAY:

Wednesday

TITLE:

NSS Special Camp – Health and Mind Development (AN)

VENUE:

Kongu Mahal, Karumandampalayam

RESOURCE PERSON:

Mr. S.M. Supramaniam and Members from the Yoga Centre, Sivagiri

REPORT OF THE PROGRAMME:

On the second day afternoon session (AN) of the NSS Special Camp, a “Health and Mind Development – Mental Skills Training Workshop” was conducted on 4th February 2026 (Wednesday) for the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in this enriching and interactive programme.

The session was handled by Mr. S.M. Supramaniam along with members from the Yoga Centre, Sivagiri. The workshop focused on enhancing mental strength, concentration, and emotional well-being among students. The resource person explained the importance of maintaining a healthy mind to achieve success in both academic and personal life.

The programme included practical demonstrations of yoga, meditation, and breathing exercises that help in reducing stress and improving focus. The volunteers were guided through simple techniques to control their thoughts, manage anxiety, and develop positive thinking.

The resource persons also emphasized the importance of discipline, self-confidence, and mental clarity. Interactive activities and exercises were conducted to engage the students and help them understand the practical application of mental skills in daily life.

The volunteers actively participated and showed great interest in learning the techniques. The session created awareness about the importance of mental health and encouraged students to practice yoga and meditation regularly.

The programme concluded successfully with positive feedback from the participants. Overall, the workshop was highly beneficial in promoting mental well-being and self-development among the NSS volunteers.



NAME OF THE ACTIVITY:

School Cleaning Activity

DATE:

05.02.2026

DAY:

Thursday

TITLE:

NSS Special Camp – School Cleaning Drive

VENUE:

1. Government Higher Secondary School, Ganapathipalayam
2. Government Higher Secondary School, Minnapalayam
3. Government Higher Secondary School, Mankaradu
4. Government Higher Secondary School, Unjalur

RESOURCE PERSON:

Respective Headmasters of the Schools

REPORT OF THE PROGRAMME:

On the third day of the NSS Special Camp, a School Cleaning Activity was organized on 5th February 2026 (Thursday) by the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in this community-oriented initiative.

The activity was conducted in four Government Higher Secondary Schools located at Ganapathipalayam, Minnapalayam, Mankaradu, and Unjalur. The volunteers were divided into groups and assigned to each school to carry out the cleaning work efficiently.

The volunteers cleaned classrooms, school premises, playgrounds, and surrounding areas. Activities included sweeping, removing waste materials, clearing bushes, and ensuring proper sanitation within the school campus. The initiative aimed to create a clean and healthy environment for the students and staff of the schools.

The respective Headmasters guided and supported the volunteers throughout the activity. They appreciated the efforts of the NSS students in maintaining cleanliness and promoting hygiene awareness in educational institutions.

This activity helped instill a sense of social responsibility, teamwork, and service-mindedness among the volunteers. It also emphasized the importance of cleanliness in educational environments and its impact on students' health and learning.

The programme concluded successfully with the satisfaction of contributing to the betterment of school infrastructure and hygiene. Overall, the School Cleaning Activity was meaningful, productive, and well appreciated by the local community.







NAME OF THE ACTIVITY:

Orientation Programme on Students in Public Service and Stress Management

DATE:

05.02.2026

DAY:

Thursday

TITLE:

NSS Special Camp – Orientation Programme (AN)

VENUE:

Camp Venue / Kongu Mahal, Karumandampalayam

RESOURCE PERSON:

Mr. Maniyan K. Tamilarasan, Public Speaker

REPORT OF THE PROGRAMME:

On the third day afternoon session (AN) of the NSS Special Camp, an Orientation Programme on “Students in Public Service and Stress Management” was conducted on 5th February 2026 (Thursday) for the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in this insightful session.

The programme was led by Mr. Maniyan K. Tamilarasan, a renowned public speaker. He delivered an inspiring talk on the role of students in public service and emphasized the importance of youth participation in social and national development. He encouraged students to develop a service-minded attitude and actively engage in community welfare activities.

The session also focused on stress management techniques, particularly relevant for students facing academic and personal pressures. The resource person explained practical methods to manage stress effectively, including time management, positive thinking, and maintaining a balanced lifestyle.

Through interactive discussions and real-life examples, he motivated the volunteers to overcome challenges with confidence and determination. The session was engaging and thought-provoking, allowing students to reflect on their responsibilities towards society.

The volunteers actively participated and responded enthusiastically to the session. The programme helped them gain clarity on public service opportunities and equipped them with techniques to handle stress effectively.

The session concluded with a vote of thanks, and it was overall a highly motivating and beneficial experience for all the participants.



NAME OF THE ACTIVITY:

1. Free Screening Diabetic Camp and Diabetic Awareness Programme
2. Free Screening Eye Camp
3. School Cleaning Activity

DATE:

06.02.2026

DAY:

Friday

TITLE:

NSS Special Camp – Health Camp and School Cleaning Activity (FN)

VENUE:

1. Camp Venue / Local Community Area
2. Government Higher Secondary School, Sivagiri

RESOURCE PERSON:

1. Dr. E. Thangavelu, Monika Diabetes Centre, Erode
2. Team from The Eye Foundation Hospital, Erode
3. Headmistress, Government Higher Secondary School, Sivagiri

REPORT OF THE PROGRAMME:

On the fourth day forenoon session (FN) of the NSS Special Camp, multiple service-oriented programmes were conducted on 6th February 2026 (Friday) by the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in these activities.

The day began with a Free Screening Diabetic Camp and Diabetic Awareness Programme led by Dr. E. Thangavelu from Monika Diabetes Centre, Erode. The camp aimed to create awareness about diabetes, its causes, prevention, and management. Free blood sugar screenings were conducted for the local community, and participants were educated about maintaining a healthy lifestyle, proper diet, and regular medical check-ups.

Simultaneously, a Free Screening Eye Camp was organized with the support of The Eye Foundation Hospital, Erode. The medical team conducted eye check-ups for the public and provided guidance on eye care, vision problems, and preventive measures. The initiative was highly beneficial, especially for rural residents who have limited access to medical facilities.

In addition to the health camps, NSS volunteers carried out a School Cleaning Activity at Government Higher Secondary School, Sivagiri. The volunteers cleaned classrooms, school surroundings, and playground areas, ensuring a neat and hygienic environment for the students.

The Headmistress of the school appreciated the sincere efforts of the volunteers and encouraged such initiatives in the future. The combined activities of health awareness and community service made the programme highly impactful.

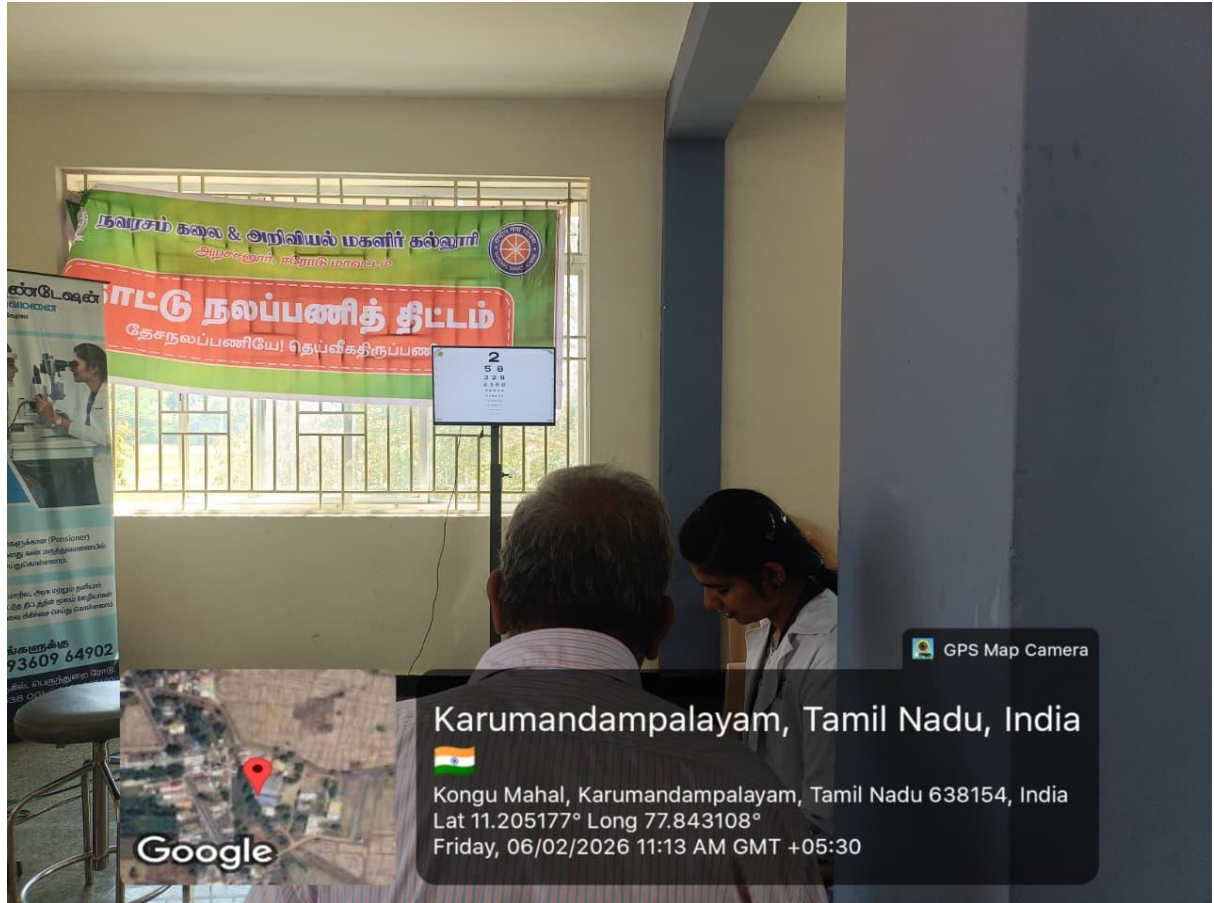
The session concluded successfully with active participation from both volunteers and the local community. Overall, the programmes were highly beneficial in promoting health awareness, hygiene, and social responsibility among the participants.











GPS Map Camera

Karumandampalayam, Tamil Nadu, India

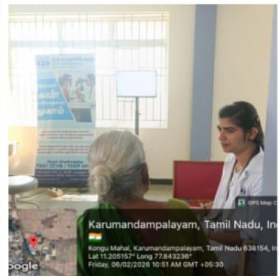
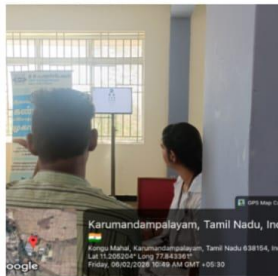


Kongu Mahal, Karumandampalayam, Tamil Nadu 638154, India

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Friday, 06/02/2026 11:13 AM GMT +05:30

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NAME OF THE ACTIVITY:

Insurance Orientation Programme

DATE:

06.02.2026

DAY:

Friday

TITLE:

NSS Special Camp – Insurance Awareness (AN)

VENUE:

Camp Venue / Kongu Mahal, Karumandampalayam

RESOURCE PERSON:

1. Mr. Ganapathiraman, LIC Branch Manager, Sivagiri
 2. Mr. Sasikumar, Galaxy Health Insurance Manager, Erode
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REPORT OF THE PROGRAMME:

On the fourth day afternoon session (AN) of the NSS Special Camp, an “Insurance Orientation Programme” was conducted on 6th February 2026 (Friday) for the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in the informative session.

The programme was conducted by Mr. Ganapathiraman, LIC Branch Manager, Sivagiri, and Mr. Sasikumar, Galaxy Health Insurance Manager, Erode. They explained the importance of life insurance, health insurance, and other financial protection schemes for individuals and families. The session emphasized how insurance can provide financial security in times of emergencies and help in long-term planning.

The resource persons also guided students on selecting appropriate insurance policies, understanding premiums, benefits, and claim procedures. They shared practical examples and case studies to make the concepts easier to understand.

Interactive discussions allowed the students to ask questions and clarify doubts regarding insurance plans, benefits, and procedures. The session was highly engaging and provided valuable financial literacy to the volunteers.

The programme concluded successfully with the participants gaining awareness of insurance as an important tool for personal and family security. Overall, the session was educational, empowering, and helped students understand the significance of planning for a secure future.





NAME OF THE ACTIVITY:

1. Road Safety Awareness Rally
2. School Cleaning Activity

DATE:

07.02.2026

DAY:

Saturday

TITLE:

NSS Special Camp – Road Safety Awareness Rally & School Cleaning Activity (FN)

VENUE:

1. Road Safety Rally: Starting Place – Government Higher Secondary School, Ganapathipalayam; Ending Place – Primary Health Centre, Ganapathipalayam
2. School Cleaning: Government Higher Secondary School, Vellottamparappu

RESOURCE PERSON:

1. Ms. S. Vinothini, Inspector of Police, Malayampalayam
 2. Mr. K. Ravichandhiran, Sub Inspector of Police, Malayampalayam
 3. Headmistress, Government Higher Secondary School, Vellottamparappu
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REPORT OF THE PROGRAMME:

On the fifth day forenoon session (FN) of the NSS Special Camp, two important activities were successfully conducted on 7th February 2026 (Saturday) by the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in both programmes.

The first activity was a **Road Safety Awareness Rally**, which started from Government Higher Secondary School, Ganapathipalayam, and ended at the Primary Health Centre, Ganapathipalayam, covering a distance of one kilometer. The volunteers carried placards and banners with messages about road safety, traffic rules, and the importance of following regulations to prevent accidents. The students actively raised their voices along the route, educating the public about wearing helmets, using seat belts, and obeying traffic signals.

Ms. S. Vinothini, Inspector of Police, Malayampalayam, and Mr. K. Ravichandhiran, Sub Inspector of Police, Malayampalayam, guided the students on traffic rules and safety measures. The public appreciated the efforts of the volunteers in promoting road safety awareness, making the rally both informative and impactful.

The second activity was a **School Cleaning Activity** at Government Higher Secondary School, Vellottamparappu. The NSS volunteers cleaned classrooms, school premises, and surrounding areas to maintain hygiene and provide a clean environment for students. The

Headmistress of the school praised the volunteers for their sincere efforts and emphasized the importance of cleanliness in educational institutions.

Both activities together created awareness about social responsibility, civic duties, and the significance of hygiene and safety. The programmes concluded successfully, leaving a positive impact on both the local community and the school environment.









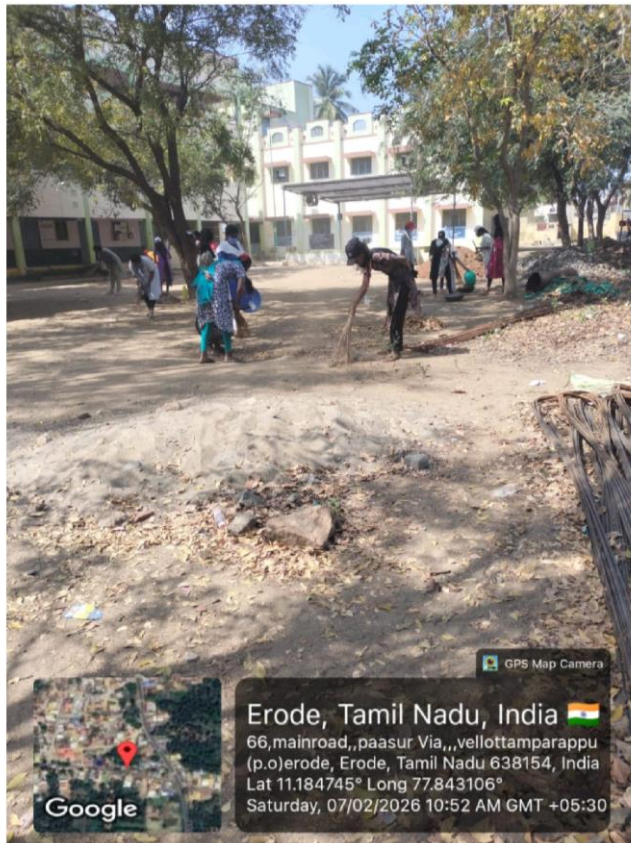


Erode, Tamil Nadu, India 🇮🇳

Anu Hospital, Karur Main Road, Nall Road, Opp. Co-operative Society, Ganapathipalayam, Erode, Tamil Nadu 638153, India

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Saturday, 07/02/2026 10:51 AM GMT +05:30

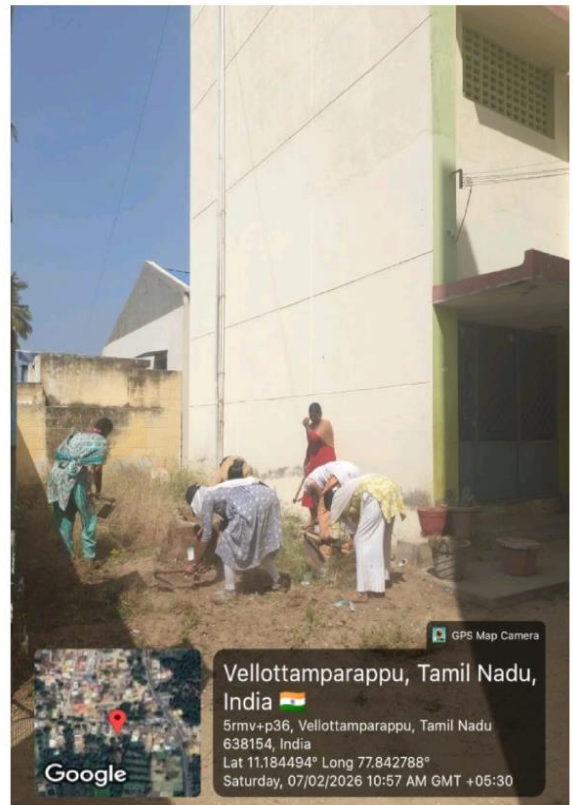


Erode, Tamil Nadu, India 🇮🇳

66,mainroad,,paasur Via,,vellottamparappu (p.o)erode, Erode, Tamil Nadu 638154, India

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Saturday, 07/02/2026 10:52 AM GMT +05:30



Vellottamparappu, Tamil Nadu, India 🇮🇳

5rmv+p36, Vellottamparappu, Tamil Nadu 638154, India

Lat 11.184494° Long 77.842788°

Saturday, 07/02/2026 10:57 AM GMT +05:30

NAME OF THE ACTIVITY:

Awareness Programme on Suicide Prevention and Self-Confidence

DATE:

07.02.2026

DAY:

Saturday

TITLE:

NSS Special Camp – Awareness Programme (AN)

VENUE:

Primary Health Centre, Ganapathipalayam

RESOURCE PERSON:

Dr. L. Srinivasa, MBBS, General Surgeon, Primary Health Centre, Ganapathipalayam

REPORT OF THE PROGRAMME:

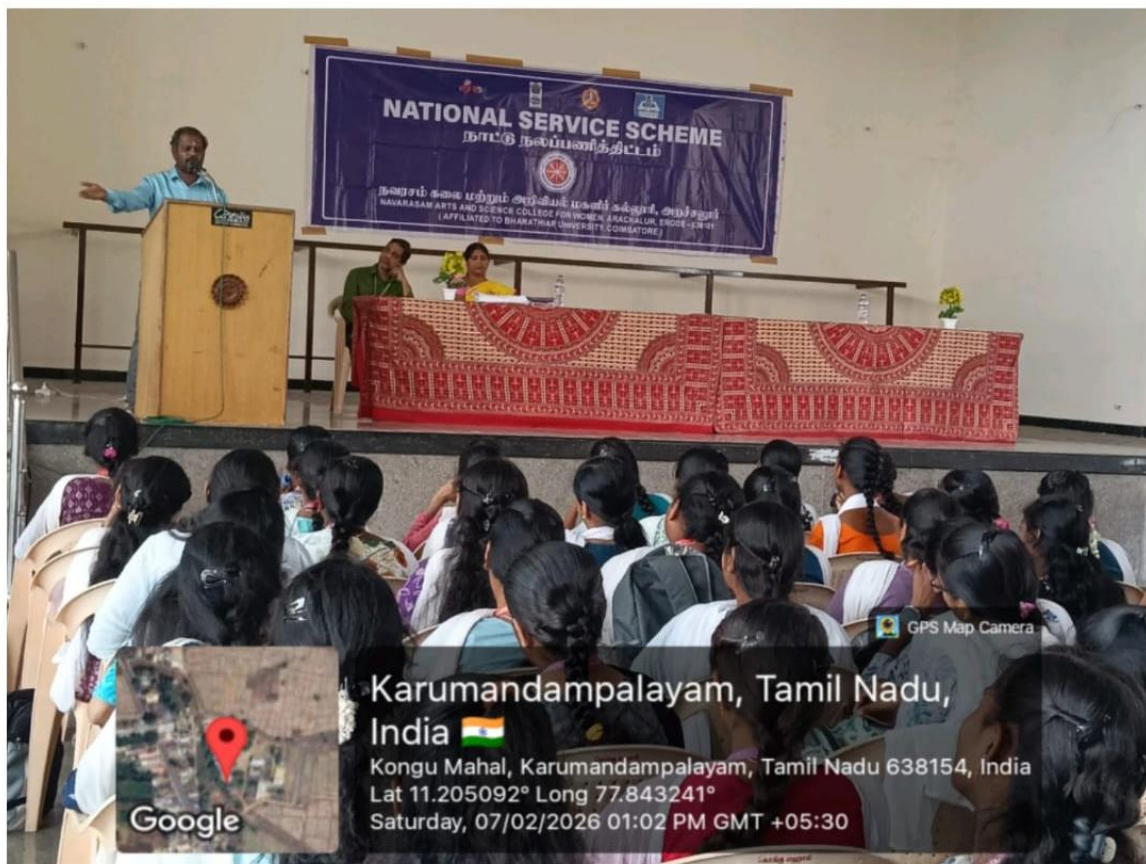
On the fifth day afternoon session (AN) of the NSS Special Camp, an Awareness Programme on “Suicide Prevention and Self-Confidence” was conducted on 7th February 2026 (Saturday) for the NSS volunteers of Navarasam Arts and Science College for Women. Around 200 volunteers actively participated in this meaningful session.

The session was led by Dr. L. Srinivasa, MBBS, General Surgeon at the Primary Health Centre, Ganapathipalayam. He addressed the students about mental health issues, the importance of emotional well-being, and early identification of signs that may lead to suicidal thoughts.

Dr. Srinivasa emphasized the role of self-confidence, positive thinking, and effective communication in preventing stress-related issues. He also guided the students on strategies to manage personal challenges, build resilience, and seek help when needed. Interactive discussions allowed volunteers to share their thoughts, ask questions, and clarify doubts regarding mental health concerns.

The session created awareness among students about the significance of mental health, self-belief, and seeking timely support. It also encouraged them to become proactive in supporting peers who may face emotional difficulties.

The programme concluded successfully with the participants gaining valuable insights into mental well-being, self-confidence, and suicide prevention. Overall, it was a highly informative and motivating session that promoted awareness and social responsibility among the volunteers.



NAME OF THE ACTIVITY:

Temple Cleaning Activity

DATE:

08.02.2026

DAY:

Sunday

TITLE:

NSS Special Camp – Temple Cleaning Activity (FN & AN)

VENUE:

1. Arulmigu Kottai Mariamman Kovil, Kolanalli
2. Muthu Muneeswarar Temple, Kolanalli
3. Sri Varadharaja Perumal Temple, Kolanalli
4. Arulmigu Paambalangaara Shivan Temple Kolanalli
5. Arulmigu Ponkulali Amman Temple, Kolanalli

RESOURCE PERSON:

Respective Temple Incharges

REPORT OF THE PROGRAMME:

On the sixth day (Sunday) of the NSS Special Camp, a full-day Temple Cleaning Activity was conducted on 8th February 2026, with participation from around 200 NSS volunteers of Navarasam Arts and Science College for Women. The programme took place during both forenoon (FN) and afternoon (AN) sessions.

The volunteers were divided into groups and assigned to five temples: Arulmigu Kottai Mariamman Kovil, Muthu Muneeswarar Temple at Kolanalli, Sri Varadharaja Perumal Temple, Arulmigu Paambalangaara Shivan Temple, and Arulmigu Ponkulali Amman Temple at Kolanalli. The primary objective was to maintain cleanliness, hygiene, and sanctity of these religious places.

The activity included sweeping the temple premises, cleaning inner pathways, removing waste, and maintaining the surrounding areas to ensure a neat and safe environment for devotees. Volunteers actively engaged in all cleaning tasks, demonstrating teamwork, discipline, and commitment to community service.

The respective temple incharges guided and supervised the activities, appreciating the efforts of the NSS volunteers. They also briefed the students on the cultural and religious significance of each temple, emphasizing the importance of preserving these sacred spaces.

The full-day activity helped the volunteers develop a sense of responsibility, respect for religious places, and awareness about environmental cleanliness. The programme concluded

successfully with the temples left clean, organized, and well-maintained, creating a positive impact on the local community.

Overall, the Temple Cleaning Activity was highly productive, meaningful, and reinforced the NSS values of service, discipline, and community engagement.







NAME OF THE ACTIVITY:

NSS Valedictory Function

DATE:

09.02.2026

DAY:

Monday

TITLE:

NSS Special Camp – Valedictory Function

VENUE:

Kongu Mahal, Karumandampalayam

RESOURCE PERSON / GUESTS:

1. Mr. P.K.P. Arun, P.K.P Educational Institutions, Kalyanipuram
2. Mrs. Sindhumathi Selvaraj, Manager, Canara Bank, Arachalur – Special Address
3. Mr. Dhurkesh Kumar Yadhav, Assistant General Manager, Erode – Special Address
4. T.K. Muthusamy, Managing Member, Kongu Mahal – Felicitation Address
5. A.M. Periyasamy, Managing Member, Kongu Mahal – Felicitation Address
6. Mr. K. Senthil Kumar, President, Navarasam College – Felicitation Address
7. Mr. P. Senthilkumar, Secretary, Navarasam College – Felicitation Address

REPORT OF THE PROGRAMME:

On the seventh and final day of the NSS Special Camp, the **Valedictory Function** was conducted on 9th February 2026 (Monday) at Kongu Mahal, Karumandampalayam. Around 200 NSS volunteers participated, along with faculty members, guests, and management representatives.

The function began with a welcome address, highlighting the objectives and accomplishments of the week-long NSS camp. Activities from the past six days, including health camps, awareness programmes, temple and school cleaning drives, and community services, were summarized. The **7-day report was presented by Dr. P. Renukadevi, NSS Programme Officer**, providing a detailed overview of all sessions and volunteer contributions.

Mr. P.K.P. Arun, representing P.K.P Educational Institutions, Kalyanipuram, addressed the students, inspiring them to continue community service and adopt social responsibility as a lifelong commitment.

Mrs. Sindhumathi Selvaraj, Manager of Canara Bank, Arachalur, delivered a special address focusing on leadership, discipline, and financial awareness, motivating students to develop practical skills for personal and societal growth.

Mr. Dhurkesh Kumar Yadhav, Assistant General Manager, Erode, also gave a special address, appreciating the dedication of the volunteers and emphasizing the importance of NSS in shaping responsible citizens.

Felicitations were delivered by T.K. Muthusamy and A.M. Periyasamy, Managing Members of Kongu Mahal, as well as Mr. K. Senthil Kumar, President, and Mr. P. Senthilkumar, Secretary of Navarasam College. They congratulated the volunteers on their successful participation and encouraged them to carry forward the spirit of service in future initiatives.

Certificates of participation and saplings were distributed to all volunteers as a token of appreciation and to encourage environmental responsibility. The function concluded with a vote of thanks, expressing gratitude to the management, faculty, resource persons, and students for their dedication and active involvement.

Overall, the Valedictory Function provided a meaningful closure to the week-long NSS Special Camp, celebrating the achievements of the volunteers and reinforcing the values of community service, discipline, and environmental awareness.











Karumandampalayam, Tamil Nadu, India 🇮🇳
Kongu Mahal, Karumandampalayam, Tamil Nadu 638154, India
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Monday, 09/02/2026 11:07 AM GMT +05:30